

Referral Sleep and Respiratory Testing

Patient name

Date of birth

Address

Phone and email

Patient presentation *Indicates an attended (in-lab) sleep study may be required

- | | | | |
|--|---|--|--|
| <input type="radio"/> Epworth score <input type="text"/> | <input type="radio"/> Nocturia | <input type="radio"/> Witnessed apnoeas | <input type="radio"/> Snoring |
| <input type="radio"/> STOP BANG Score <input type="text"/> | <input type="radio"/> Excessive daytime tiredness | <input type="radio"/> Failed home study* | <input type="radio"/> Narcolepsy* |
| <input type="radio"/> BMI > 35kg/m ² | <input type="radio"/> Hypertension | <input type="radio"/> Unexplained insomnia* | <input type="radio"/> Suspected CSA* |
| <input type="radio"/> Neck circumference >40cm | <input type="radio"/> Heart failure* | <input type="radio"/> Neurological disease* | <input type="radio"/> Nocturnal hypoventilation* |
| <input type="radio"/> Neuromuscular disease* | <input type="radio"/> Arrhythmias* | <input type="radio"/> Abnormal activity during sleep | |

Clinical notes

- Commercial License
 Private health insurance
 Additional clinical history attached

Sleep Investigation required **Please complete NIV requirements

TCO₂ monitoring

- Diagnostic sleep study. Reason patient not suitable for home study:
- | | | | |
|---|---|---|---|
| <input type="radio"/> Unattended home study | <input type="radio"/> MWT | <input type="radio"/> NIV initiation study** | <input type="radio"/> Other treatment effectiveness study |
| <input type="radio"/> Repeat diagnostic study | <input type="radio"/> CPAP Initiation study | <input type="radio"/> NIV review study** | <input type="radio"/> Post-weight loss |
| <input type="radio"/> MSLT | <input type="radio"/> CPAP review study | <input type="radio"/> MAS effectiveness study | <input type="radio"/> Post-surgery |

Reason for NIV study

- Nocturnal hypoventilation
 Cheyne stokes respiration
 CPAP emergent CSA
 OSA not suitable for CPAP
 Complex sleep apnoea

NIV study requirements

- Bi-level
 S mode
 S/T mode
 T mode
 ASV
 Split study, specify:

NIV settings	Start	Limit
EPAP	<input type="text"/>	<input type="text"/>
IPAP	<input type="text"/>	<input type="text"/>
Rate (for S/T)	<input type="text"/>	<input type="text"/>
Min PS	<input type="text"/>	<input type="text"/>
Max PS	<input type="text"/>	<input type="text"/>

- Supplemental O2 if SpO₂ remains below % for greater than minutes when NIV limits reached to a maximum of L/min

CPAP clinic service required

- Commence CPAP trial
 Review CPAP therapy and equipment
 CPAP download
- Fixed pressure cmH₂O
 Auto pressure range cmH₂O
 As per CPAP titration report recommendations
- Mask make
 Mask size
 Chinstrap

Additional notes

Requesting doctor

Please write/stamp details below including provider no.

Signature/date

Initial referring doctor details

Name:
 Provider no.:
 Date of referral:
 Additional CC:

- Prof Roger Allen
- Dr Tim Baird
- Dr Farzad Bashirzadeh
- Dr Michael Bint
- Dr Ian Brown
- Dr Robert Edwards
- Dr Shiv Erigadoo
- Dr Geoff Fanning
- Dr John Feenstra
- Dr Lauren Galt
- Dr Leanne Gauld (Paediatrics)
- Dr Maurice Heiner
- Dr Justin Hundloe
- Dr Gonesh Karmakar
- Dr Charl Liebenberg
- Dr Andrew Pattison
- Dr Lee Rafter
- Dr Amy Reynolds
- Dr Alex Ritchie
- Dr Michael Thompson
- Dr Sophie Williams
- Dr Christopher Zappala

Testing centre locations

- **Brisbane**
RiverCity Private Hospital
Level 4, 401 Milton Road,
Auchenflower
- **The Wesley Hospital**
Ward 2W, Level 2, Chasely Street,
Auchenflower
- **Bundaberg**
Suite 3, Entrance 1,
72 Barolin Street, Bundaberg
- **Mater Misericordiae Hospital**
313 Bourbong Street,
Bundaberg West
- **Gladstone**
Mater Misericordiae Hospital
50 Rossella Street,
Gladstone
- **Gold Coast**
John Flynn Private Hospital
Level 6, 42 Inland Drive,
Tugun
- **Pindara Private Hospital**
Allchurch Avenue,
Benowa
- **Hervey Bay**
St Stephen's Hospital
1 Medical Place,
Urraween
- **Mackay**
Mackay Rehabilitation Hospital
57 Norris Road,
Mount Pleasant
- **Sunshine Coast**
Buderim Private Hospital
12 Elsa Wilson Drive,
Buderim
- **Toowoomba**
St Andrew's Hospital
280 North Street,
Toowoomba

CPAP clinics

- **Brisbane**
RiverCity Private Hospital
Level 4, 401 Milton Road,
Auchenflower
- **Sandford Jackson Building**
Suite 70, Level 3, 40 Chasely Street
Auchenflower
- **Wesley Medical Centre**
Suite 46, Level 4, 40 Chasely Street,
Auchenflower
- **Bundaberg**
Suite 3, Entrance 1,
72 Barolin Street, Bundaberg
- **Hervey Bay**
Urraween Medical Centre
Suite 4, 156 Urraween Road,
Urraween
- **Toowoomba**
St Andrew's Hospital
Suite 22, 280 North Street,
Toowoomba
- **St Vincent's Private Hospital**
22-36 Scott Street,
Toowoomba

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Email: infosleepqld@genesiscare.com

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