

# Transoesophageal echo (TOE)

This is an ultrasound examination of the heart that is performed via the oesophagus using an instrument similar to an endoscope (which is what is used when doctors look at the stomach of a person using a small camera) except instead of a camera it has a small ultrasound probe on the end.

- This is test performed in a day patient facility and usually you will be able to go home that day
- The test itself takes about 30 minutes but there will be some hours spent waiting before and after the test and some sedatives will be given – therefore you will need to have a small intravenous needle placed in one of your veins
- As a result of the sedation please arrange for transport as you should not drive nor travel home alone on the day of the test
- Please bring all your medications with you
- You should not have anything to eat or drink for 6 hours prior to the test