Patient activated recorder

This is a small device about the size of a small remote control, which will record the heart beat for a short period when it is activated by you whilst you are experiencing symptoms. You will be in possession of the device for up to one week. Connection of the device takes approximately 20 minutes.

On the day of the test
• Do not use talc, body lotion or wear neck chains
• Please wear a 2 piece outfit
• You will be able to remove the device for showering

Connection of the device
• Requires that adhesive electrodes be placed onto the chest (men may need hair shaved)

During the monitored period
• If you have symptoms, you should press the event recorder button on the machine and make a note of the symptoms in a special diary which will be given to you
• Do not use electric blankets and heating pads including waterbed heating devices
• Should you have difficulties with the equipment please notify the office

After the period of monitoring
• The equipment and symptom diary must be returned at the specified time
• A full report will be sent to your doctor after the results have been reviewed by a cardiologist